

DRTA Perth, WA presents...



**Lecture/Demonstration
State Equestrian Centre
Brigadoon, WA**

12:30pm Mon 5th March, 2007
(Public Holiday)

Colleen Kelly MISBS
**Improving the Seat & Posture of
the Dressage Rider**

- Rider position & "on the forehand"
- Rider balance & falling in on circles & pirouettes
- Better sitting trot, stiller hands & seat
- Aids & concepts for higher level & FEI movements

All welcome...

**Suitable for Beginners to FEI riders
Your small donation for attending goes to the
Dressage Riders Training Association, WA**